

CHRISTIAN COLLEGE, CHENGANNUR
NSS Units 44A & B

ANNUAL REPORT 2016-2017

The National Service Scheme units 44 A & B of the Christian College Chengannur, have successfully completed one more year with more meaningful and community involvement programmes. These programmes are mainly aimed to inculcate the spirit of voluntary work among the volunteers through sustained community interactions and promote personality development. The activities and programmes focused to identify the needs and problems of campus and community. All the events organized by the units for the academic year 2016-17 are intended to motivate the student community to become a socially responsible human being. A detailed report of various activities carried out by the units is given below.

1. WORLD ENVIRONMENT DAY CELEBRATION (05-06-16)

As a part of the World Environment Day celebration, a preliminary meeting of the staff and students was held on 3rd June, 2016 to decide the final schedule of the programme. As per the meeting, we have made ten teams consisting of 12 students each (120 students), one teaching staff and one non-teaching staff were selected for the planting of trees in the courtyard of nearby houses. The programme was flagged off by the principal Dr. Achamma Alex on 05-06-16. The teams visited the nearby houses and planted the saplings in their courtyard. Another group consisting of 30 students engaged in planting the trees in the college campus.

The saplings supplied by the Social Forestry Wing, Alappuzha, included Emblica, Mahogany, Rambutan, Anona, Neem, Rosewood, Mango tree, Pomegranate, Mullatha, etc. with the support of the family members of residences situated within a circumference of 2 km. from the college. Students also planted 110 (One hundred and ten) plants outside the campus. Sixty five saplings were planted at the College Campus. The NSS units also distributed nearly 300 saplings of different types of trees to the college students and staff. All the team members returned to the college at 12.30 pm and they were provided with tea and snacks. The successful conduct of the programme was mainly due to the co-operation from the staff of the College and the dedicated work of the student volunteers of National Service Scheme. More over the support and co-operation from the part of the public was highly appreciable.

At 2.30.pm a Green Football Match was arranged in order to spread the message of ***Plant Trees, Save Nature***. College staff team defeated College Team in the score (3-2) in the match. Winners were awarded with variety of fruits and fruit tree saplings. Principal Dr. Achamma Alex distributed the prizes. Tulasi leaf was used for tossing. The match was very much attractive and it could effectively communicate the message among the entire college family and public.



2. REGULAR ACTIVITY (11-06-2016)

The first regular activity programme was organized for the NSS volunteers on Saturday, 11-06-2016. The volunteers cleaned the road from Christian college junction to the main entrance of the college. They have collected the plastic bottles, wastes etc. from there. The cleaning programme ends at 3.00pm. Refreshments were provided to the volunteers. 87 volunteers were attended the programme.



3. National Yoga day (21-06-2016)

National yoga day was celebrated in the college on 21-06-2016. Yoga training classes led by Mr. Anil Kumar, Pathanjali Yoga trainer. All the staff members and students were actively participated in the Yoga class and training.



4. Dengue fever awareness programme (25-06-2016)

NSS Christian college units organized a Dengue fever awareness programme in collaboration with Mulakuzhapanchayat. Miss.RashmiRaveendran, Mulakkuzhapanchayat president inaugurated the programme. Dr. Sreeja, Medical superintend offered an awareness class on the importance of hygiene in personal life.

NSS volunteers visited four different wards of the MulakkuzhaPanchayat and gave awareness to the importance of personal hygiene. Students drained off the containers that hold water such as, tires, buckets, empty bottles etc. and requested them to keep the environment clean and safe.

157 volunteers were attended the programme. Refreshment is provided to the volunteers.



5. Special talk on SECULARISM (18-07-2016)

NSS units arranged a special talk on secularism on 18-07-2016. Adv. Ali, social activist led the class. Rev. Abraham John and Dr. Rani Abraham offered felicitations. Miss. Adeena and Mr. Arjun offered the welcome speech and vote of thanks respectively.



103 students and a few teachers were attended the programme.

6,OPEN DEFICATION FREE KERALA CAMPAIGN (03-08-2016)



An essay competition was arranged in connection with the programme. Nineteen students were participated in the competition. Cash prizes were awarded to the winners.

7. Clean Campus Green Campus Programme (12-08-2016)

NSS units in association with Christian college community organized a cleaning programme in the campus. Students, teachers and non-teaching staff were actively participated in the cleaning drive. After the programme, tapioca and chutney were served to all the participants.



8. Heritage Exhibition(08-08-16)

NSS units of Christian college organised a heritage exhibition on 08-08-16. The aim of the exhibition was to familiarise the traditional house hold utensils with the students and the community.



9. ONAM CELEBRATIONS (09-09-16)

NSS units of Christian College celebrated Onam on the college’s premises amidst much fanfare involving students and staff of the college. The celebrations started with setting up of an attractive floral decoration (pookalam) in the reception area. Impressive designs and artistic creativity were the hallmarks of the Pookalam, which turned out to be attractive and mesmerizing, and took everyone into a world of festivity and fun.





The main attractions of the programme were onappattu and competitions such as Vellamkudi , Three-leg race,MusicalChair,etc. Inter-departmental Tug of war for both boys and girls was another main attraction of the programme. Winners were given prizes like Upperi, Sarkarapuratti, Unniyappam, Achappam, Murukku etc. As a part of celebration we served *Onappayasam* to all the students and the staff.

10. NSS ORIENTATION PROGRAMME (12-09-2016)

The first orientation programme for the newly enrolled volunteers was held on 12-09-2016 at 9.30 onwards at college seminar hall. Principal Dr. Achamma Alex inaugurated the meeting and shared her NSS experience with the volunteers. Then Prof.Biji Abraham led the orientation session which helps to inculcate different values of social service and social responsibility. Prof. Aneesh S., the programme officer presented the topic, “NSS: objectives and History”.

After the lunch, Dr. Sujesh Baby, introduced the topic, ‘Role of NSS in Personality Development’.Some entertainment programmes were presented by the volunteers. Programme officers and the senior volunteer secretaries took the leadership of the programme. One hundred and ninety five volunteers attended the programme and ended at 3.45 pm. Lunch and refreshments were provided to the students



11. NSS day celebration and Anti-narcotics campaign (24-09-2016)

NSS units celebrated the NSS day by hosting the flag by Dr. Achamma Alex. Principal, Christian College Chengannur. We have decided to celebrate this day to fight against drugs and alcohol. NSS volunteers taken the antinarcotic oath. The NSS units of Christian College have taken a keen interest in fighting against alcohol and drugs in our surroundings particularly among the student community.



Aiming a better society, the units joined hands with the ICPF, an NGO working against drugs and alcohol organized an awareness class on 30-07-2016 at college auditorium. Mr. Aneesh, ICPF coordinator, led the awareness class. Principal Dr. Achamma Alex and ward councilor Susamma offered felicitations. Prof. Aneesh S. offered the welcome speech and Miss Ajeena offered the vote of thanks.

After the class, a street play was arranged in the college. The ICPF members performed the drama with great skill and attraction. One twenty students were attended the programme. Tea and refreshments were provided to the NSS volunteers.



12. GANDHIJAYANTHI CELEBRATIONS (02-10-2016)

On 02-10-2015 the volunteers gathered in the Christian College Junction. The cleaning programme was inaugurated by Dr. Achamma Alex, the Principal. Students were divided into 15 groups consisting of twelve members each. The volunteers cleaned the waiting shed, auto stand and the surrounding areas. The students were provided with Tea and snacks.

Then the volunteers distributed food packets to the beggars and destitutes at Chengannur Town. More than 100 packets were distributed. Fifteen students donated their blood to the blood bank of Century hospital, Chengannur.





13. REGULAR ACTIVITY (19-11-2016)

A regular work was conducted on 19-11-2016 in which the students engaged in agricultural works and cleaning. They were divided into 8 teams consisting of 15 volunteers each. The volunteers were involved in cleaning the college premise. 120 volunteers participated in the programme. Refreshment was also served to the participants.



14. WORLD AIDS DAY (01-12-2016)

An AIDS awareness rally was organized by NSS units from Chengannur town to college on 01-12-2016 in association with YMCA Chengannur Unit. Adv. KK Ramachandran Nair, inaugurated the meeting and the rally was flag of by the Chengannur DYSP.



The volunteers took the initiative in displaying posters in different parts of the chengannur town for creating awareness among the public.

After the lunch the volunteers conducted a rally in the campus in which the students carried redribbon badges and displayed placards showing messages about AIDS.



15. Medical Aid to Pavizhammol (02-12-2016)

NSS units collected an amount of Rs.16000/- and donated to Pavizhammol for her medical expenses. She was suffering with heart problem.



16. HarithaKeralam Programme (08-12-2016)

NSS units celebrated the harithakeralam programme in collaboration with Chengannur municipality. Ward Member Smt. Susamma Inaugurated the programme. Students cleaned the college premises. Students tried to rejuvenate a waterbody (canal) in the mulakkuzhapanchayat. Tea and snacks were provided to the students after the programme.





17. ANNUAL SEVEN DAY CAMP (23-12-2016 to 29-12-2016)

The Annual Seven day camp was held at S.N. Vidyapeedom, Kotta, near Chengannur from 23rd December 2016 onwards. It was inaugurated on 23-12-2016 by Adv.K. RamaChandran Nair M.L.A. The meeting was presided over by Dr.Achamma Alex, Principal, Christian College Chengannur. School principal Mr.Harikumar, panchayatmembers ,Sri.T.T.Thomas, treasurer of the college offered felicitations.. Dr.Sujesh Baby offered welcome speech and Mr. Nirmal Solomon, NSS Volunteer secretary offered vote of thanks. After the inaugural session, the programme officers once again gave a detailed account on the camp rules and programmes. Students were divided into seven groups and were allocated different duties according to the programmes of the camp. An ice-breaking session was held in which the students introduced another volunteer in an interesting way.



On the Second day, after the routine programme of Flag hoisting, Report presentation, news reading and Aerobics training were conducted. The training for aerobics was led by Dr. Augustine George, Physical Director of the Govt. Medical College, Kottayam. After the breakfast, a class was led by Mr. Muhammedfakrudeen Ali, Media person regarding the secularism. At 2.30 pm Mr. P.A Thomas, Asst. general Manager, UCO Bank, took a class on the topic ‘New generation Banking. In the evening’, students made a kitchen garden in the school. The cultural programmes arranged by the volunteers came to an end at 9pm. After the review meeting and supper they went to bed.





On day 3, after the regular programmes, the students cleaned the ground and premises of the school. After the breakfast, a class on personality development was led by Mr. Vinodsreedhar, national trainer, JCI. After the lunch, natakakalari, a training programme on acting, was given to the volunteers by Sri. K.N. subhash. After the tea, X'mas Celebration was organized at the camp. Rev.K.V. Ninan offered Christmas message. NSS volunteers presented X'mas songs and skit. More than 70 local residents attended the programme. X'mas cakes were served to all of them. After the programme, Prof. Aneesh S. took a special class about various procedures of survey with the help of power point presentations. After the review meeting and supper, they went to bed.



On the fourth day of the camp, after the regular programmes of flag hoisting, news reading, thought and report presentations, Prof. Aneesh S. gave important suggestions related to

the survey. Volunteers grouped into 20 teams and visited the surrounding areas for the proposed health survey. They visited 321 houses in ward 4,5 and 6 of Mulakkuzhapanchayat. Students assembled back in the school auditorium at around 2.00 pm. After the lunch, Adv. Roy Philip, Senior advocate, took a legal awareness class. In the evening the entire camp team visited snehadhara, an old age home and spent some time with the old people. Students entertained them with their cultural talents. The students return back to the camp venue at around 7.00 pm. After the review meeting and supper, they went to bed.



The major programme of the day five was Medical Camp and it was organised in association with Sanjeevani Hospital, Kollakadavu, Chengannur. The medical team consists of Dr. Mariamma, DrSanthosh Kumar and four other doctors and ten other para-medical staff. 345 persons were examined by the medical team. They were also given sufficient medicines. The medical camp ended at 3 pm. In the evening the volunteers engaged in different sports in the play ground. After the tea, students continued agriculture work in the school compound. The entertainment programmes arranged by the volunteers came to an end by 9.15pm. After the review meeting and supper, they went to bed.



On the sixth day, after the regular programmes students spent a few time in the kitchen garden. After that students prepared the final survey report with the help of programme officers. After the lunch, there was a training session on paper bag making, and soap-making. Sri. Philip Cherian, Marketing manager, CARD, Mallappally led the training. This session was very informative and the students were actively involved in it. After the class, the volunteers did some cleaning works in the bus stand near the camp centre. Cultural programmes were staged in the evening. After the dinner, volunteers went to bed on 9.30pm.

On the last day of the camp, after the daily camp programme and breakfast there was a camp review in which all the volunteers reflected their comments of the camp. At 12.30am volunteers started the arrangements for the dispersal of the camp. All the groups completed their work within the stipulated time and reported to their leaders and to the programme officers. After the lunch, the valedictory session was held. Principal Dr. Achamma Alex chaired the session. Dr. Rajan David, staff advisor and Dr. Abhilash R, former programme officer offered felicitations. Prof. Aneesh S. offered welcome and Dr. Sujesh Baby offered vote of thanks. The team departed from the camp center by 3.30 pm.

18. Regular work (07-01-2017)

The regular activity of the month of January was held on Saturday, 07-01- 2017. The volunteers of both the NSS units planted the plantain and tapioca. Organic fertilizers were also applied to the crops. Refreshment was provided to the participants. The work continued till 3.30 pm. 132 volunteers were attended the programme.



19. CANCER AWARENESS Day(04-02-2017)

NSS units arranged an one day cancer awareness programme in the college. Dr. Abhilash R, delivered a special talk on the causes and prevention of cancer. A poster drawing competition was conducted as part of the programme. 20 students were participated in the competition and prizes were given to the winners. 59 students were involved in the programme. Tea and snacks were also served to the participants.



20. Regular Work (18-03-17)

Regular activity of the month of March was held on 18-03-2017. NSS volunteers cleared the weeds in the Butterfly garden, medicinal garden and star forest. Then students cleared the weeds in the cultivated area of plantain and tapioca.

Organic fertilizers were also applied to the crops. The lost crops were replaced. 110 volunteers participated in the activity. Refreshments were provided to the volunteers.



21. PARISTHIDHI YATRA (25-03-2017)

We organized a nature tour to the famous tourist spot maladevarkunnu in pathanamthitta District on Saturday,25-03-2017. Forty-five volunteers participated in the tour programme along with the programme officers. Afterwards a tour report writing competition was arranged and winners were given cash prizes.

