

**CHRISTIAN COLLEGE, CHENGANNUR**  
**NSS Units 44A & B**

**ANNUAL REPORT 2017-2018**

The National Service Scheme units 44 A & B of the Christian College Chengannur, have successfully completed one more year with more meaningful and community involvement programmes. These programmes are mainly aimed to inculcate the spirit of voluntary work among the volunteers through sustained community interactions and promote personality development. The activities and programmes focused to identify the needs and problems of campus and community. All the events organized by the units for the academic year 2017-18 are intended to motivate the student community to become a socially responsible human being. A detailed report of various activities carried out by the units is given below.

**1. WORLD ENVIRONMENT DAY CELEBRATION (05-06-2017)**

World Environment Day celebration was held in the college on 05-06-2017. The programme was flagged off by the principal Dr. Achamma Alex on 05-06-17. The NSS volunteers visited nearby houses of the college and give awareness to the importance of planting and protecting trees to keep our environment clean and safe. They also planted a few saplings in their courtyard. Students also planted a few saplings in the College Campus. 130 student volunteers actively involved in the programme. Tea and snacks were provided to the volunteers. The NSS units also distributed nearly 300 saplings of different types of trees to the college students and staff. The successful conduct of the programme was mainly due to the co-operation from the staff of the College and the dedicated work of the student volunteers of National Service Scheme. More over the support and co-operation from the part of the public was highly appreciable.

At 2.30 pm a Green Football Match was arranged in order to spread the message of *Plant Trees, Save Nature*. College staff team defeated College Team in the score (5-4) in the match. Winners were awarded with variety of fruits and fruit tree saplings. Principal Dr. Achamma Alex distributed the prizes. Tulasi leaf was used for tossing. The match was very much attractive and it could effectively communicate the message among the entire college family and public.



## 2. Blood donation day (14-06-2017)

On the blood donation day, NSS units and Red ribbon club organized a talk on the topic 'Donating blood: Advantages, disadvantages, and procedure'. The class was led by Thomas Alexander, Century Hospital, Chengannur. Prof. K.G. Varghese, inaugurated the meeting. Prof. nirmala Varghese offered the welcome and Prof. Aneesh S offered the Vote of thanks. NSS volunteers visited the nearby Century hospital, Chengannur and donated their blood to the blood bank. 26 Volunteers were participated in the programme. Lunch and light refreshment were provided to the volunteers.



## 3. National Yoga day (21-06-2017)

National yoga day was celebrated in the college on 21-06-2017. Mr. Sujith V. International Yoga trainer led the Yoga training class. All the staff members and students were actively participated in the Yoga class and training.



#### **4. Varattar Rejuvenation Project(23-06-2017)**

NSS units of Christian college along with all the students and teachers of Christian College were actively involved in the Varattar rejuvenation project. Kerala State Water Resources Minister Sri. Mathew T. Thomas, inaugurated the Programme . Chengannur MLA, Adv. K. K. Ramachandran Nair, Municipal Councilors, Panchayat Members, College Principal, Dr. Achamma Alex, Treasurer Sri. T.T. Thomas, etc. were also attended the meeting. After the meeting students were actively participate in chopping away small branches of the trees that obstruct the flow of Varattar. Tapioca and chutney were served to all the participants which was sponsored by the college management.



## 5. REGULAR ACTIVITY ( 15-07-2017)

The first regular activity programme was organized for the NSS volunteers on Saturday, 15-07-2017. The NSS volunteers cleaned the Sides of MC road from Christian college junction to the Chengannur ITI junction. They have collected the plastic bottles, wastes etc. from there and deposited to municipality waste collecting bins. The cleaning programme ends at 4.00pm. 105 volunteers were attended the programme and light refreshments were provided to the volunteers.



## 6. Legal Awareness Class(19-07-2017)

NSS units have arranged a legal awareness class to the NSS volunteers on 19-07-2017. Adv. P.K. Ram Das led the class. Class has two sessions. First Session starts at 10.00pm. Programme was officially inaugurated by the Principal, Christian College, Chengannur. Prof, Aneesh S, Programme Officer and Ms. Unnimaya, Volunteer Secretary, offered the Welcome and vote of thanks respectively. Second session starts at 10:45 pm after the short tea break. Programme ends at 1.00pm.86 volunteers were participated in the programme.



## 7,REGULAR ACTIVITY (12-08-2017)

On 12-08-2017, NSS volunteers started agriculture works in the college campus. They have planted Yams, Tapioca stumps and different varieties of Plantain trees. We follows the

Organic farming method and have used ash, cow dung, dry leaves etc as fertilizers. After the plantation process, we have divided the students in to 9 groups and decided that on each day a particular group will look and watering the planted corps.



### **8,Regular Activity (26-08-2017)**

#### **Planting of Fruit trees**

NSS units of Christian College made a Fruit tree garden in the campus. In the garden the volunteers planted jack fruit, mango tree, rambutan, Guava, Jamun, Indian gooseberry, etc. 76 volunteers were actively involved in the programme. Light refreshments were provided to the volunteers.



### **9,NSS ORIENTATION PROGRAMME (09-09-2017)**

The first orientation programme for the newly enrolled volunteers was held on 09-09-2017 at 9.30 am onwards at college seminar hall. Principal Dr. Achamma Alex inaugurated the meeting and shared her NSS experience with the volunteers. Then Prof. Biji Abraham led the orientation session which helps to inculcate different values of social service and social responsibility. Prof. Aneesh S., the programme officer presented

the topic, “NSS: objectives and History”. Senior volunteer and Kerala University best NSS volunteer awardee Mr. Akhil Narayanan shared his NSS experiences with the students.

After the lunch, Dr. Sujesh Baby, introduced the topic, ‘How to develop Leadership skills through NSS’. Some entertainment programmes were presented by the volunteers. Programme officers and the senior volunteer secretaries took the leadership of the programme. One hundred and forty three volunteers attended the programme and ended at 3.30 pm. Lunch and refreshments were provided to the students.



### **10, ONAM CELEBRATIONS (30-09-17)**

NSS units of Christian College celebrated Onam on the college’s premises amidst much fanfare involving students and staff of the college. The celebrations started with setting up of an attractive floral decoration (pookalam) in the reception area. Impressive designs and artistic creativity were the hallmarks of the Pookalam, which turned out to be attractive and mesmerizing, and took everyone into a world of festivity and fun.





Prof. Lalu Varghese, Former HOD , was the chief guest of the onam programme and he gave a wonderful onam message. The main attractions of the programme were onappattu and competitions such as Vellamkudi , Three-leg race,Musical Chair,etc. Inter-departmental Tug of war for both boys and girls was another main attraction of the programme. Trophies and prizes like Upperi, Sarkarapuratti, and Murukku were awarded to the winners. As a part of celebration we served *Onappayasam* to all the students and the staff.

### **11. GANDHIJAYANTHI CELEBRATIONS (02-10-2017)**

On 02-10-2017 the volunteers gathered in the Christian College Junction. The cleaning programme was inaugurated by Dr. Achamma Alex, the Principal. The volunteers cleaned the premises of the college.Students cleaned a small water channel running nearer to the college weighing shed. 103 volunteers were actively participated in the cleaning programme. Tapioca and chutney were served to the students.



### **12. Essay writing Competition**

An essay writing competition was organized in the college as part of the Gandhijayanthi celebrations. The topic given to the students was, “ the relevance of Gandhian thoughts in today’s world”. Jithu S, 5<sup>th</sup> Sem BSc Chemistry, Ambili, 2<sup>nd</sup> Sem Economics, win the first and second prizes. Cash prizes and certificates were awarded to the winners.



### **13. REGULAR ACTIVITY (11-11-2017)**

A regular work was conducted on 11-11-2017 in which the students engaged in agricultural works and cleaning. Students removed the grass between the crops and add fertilisers to the crops. 117 volunteers were participated in the programme. Refreshment was also served to the participants.



### **14. WORLD AIDS DAY (01-12-2017)**

An AIDS awareness rally was organized by NSS units from Chengannur town to college on 01-12-2017.

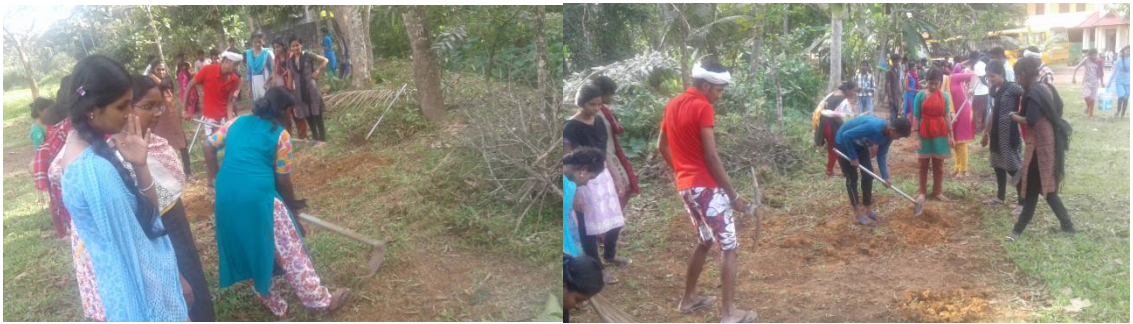


The volunteers took the initiative in displaying posters in different parts of the Chengannur town for creating awareness among the public.

After the lunch the volunteers conducted a rally in the campus in which the students carried red ribbon badges and displayed placards showing messages about AIDS.

#### **15.ANNUAL SEVEN DAY CAMP (22-12-2017 to 28-12-2017)**

The Annual Seven day camp was held at S.N. Vidyapeedom, Kotta, near Chengannur from 22<sup>nd</sup> December 2017 to 28-12-2017. It was inaugurated on 22-12-2017 by Ms. Reshmi Raveendran, Panchayat President, Mulakkuzha. The meeting was presided over by Dr.Achamma Alex, Principal, Christian College Chengannur. School principal Mr.Harikumar, panchayat members , Sri.T.T.Thomas, treasurer of the college, Dr. Rani Abraham, Staff Secretary offered felicitations.. Dr.Sujesh Baby offered welcome speech and Mr. Hari Krishnan, NSS Volunteer secretary offered vote of thanks. After the inaugural session, the programme officers once again gave a detailed account on the camp rules and programmes. Students were divided into seven groups and were allocated different duties according to the programmes of the camp. An ice-breaking session was held in which the students introduced another volunteer in an interesting way.





On the Second day, after the routine programme of Flag hoisting, Report presentation, news reading and Aerobics training were conducted. The training for aerobics was led by Dr. Augustine George, Physical Director of the Govt. Medical College, Kottayam. After the breakfast, a class was led by Mr. Muhammed Fakrudeen Ali, Media person regarding the impact of social media. After the lunch, Mr. Santhosh Vichara, National Trainer, JCI took a class on Personality Development. In the evening, students organized a street play against narcotics. The

cultural programmes arranged by the volunteers came to an end at 9pm. After the review meeting and dinner they went to bed at 10.30pm.

On day 3, after the regular programmes, the students cleaned the ground and premises of the school. After the breakfast, Prof. Biji Abraham, Economist led a class on GST. After the lunch, Sri. Philip Cherian, Marketing Officer, CARD, Mallappally, demonstrated the methods of Fruit processing. After the tea, X'mas Celebration was organized at the camp. Rev.M.V. Thomas offered Christmas message. NSS volunteers presented X'mas songs and skit. More than 95 local residents attended the programme. X'mas cakes were served to all of them. After the programme, Prof. Aneesh S. took a special class about various procedures of survey with the help of power point presentations. After the review meeting and supper, they went to bed at 11.30pm.

On the fourth day of the camp, after the regular programmes of flag hoisting, news reading, thought and report presentations, Prof. Aneesh S. gave important suggestions related to the survey. Volunteers grouped into 20 teams and visited the surrounding areas for the proposed health survey. They visited 356 houses in ward 1,2,3 and 4 of Mulakkuzha panchayat. Students assembled back in the school auditorium at around 2.30 pm. After the lunch, Adv. Roy Philip, Senior advocate, took a legal awareness class. In the evening the entire camp team visited snehadhara, an old age home and spent some time with the old people. Students entertained them with their cultural talents. The students return back to the camp venue at around 7.00 pm. After the review meeting and supper, they went to bed at 11.00pm.

The major programme of the day five was Medical Camp and it was organised in association with Century Hospital Chengannur. The medical team consists of Dr. Danie Paul, Dr Priya Sand seven other para-medical staff. 275 persons were examined by the medical team. They were also given sufficient medicines. The medical camp ended at 2.00 pm. At 2.30pm a stem cell donation awareness class was organized by a n NGO. In the evening the volunteers engaged in different sports in the play ground. After the tea, students continued agriculture work in the school compound. The entertainment programmes arranged by the volunteers came to an end by 9.15pm. After the review meeting and supper, they went to bed at 11.00pm.

On the sixth day, after the regular programmes students spent a few time in the kitchen garden. After that students prepared the final survey report with the help of programme officers. After the lunch, there was a class on the importance of solar energy, and the class was led by Dr. R. JayaKrishnan, Kerala state young Scientist award winner. This session was very informative and the students were actively involved in it. After the class, the volunteers did some cleaning works in the bus stand near the camp centre. Cultural programmes were staged in the evening. After the dinner, volunteers went to bed at 9.30pm.

On the last day of the camp, after the daily camp programme and breakfast there was a camp review in which all the volunteers reflected their comments of the camp. At 12.30am volunteers started the arrangements for the dispersal of the camp. All the groups completed their work within the stipulated time and reported to their leaders and to the programme officers. After the lunch, the valedictory session was held. Principal Dr.Achamma Alex chaired the session. Dr. Vinoy Thomas, staff advisor and Dr. Abhilash R, former programme officer offered felicitations.. Prof.Aneesh S. offered welcome and Dr. Sujesh Baby offered vote of thanks. The team departed from the camp center at 3.30 pm.

## **16. Regular work (13-01-2018)**

The regular activity of the month of January was held on 13-01-2018. Students removed the grass between the crops. Organic fertilizers were also applied to the crops. Students then removed the plastic wastes in the College junction. Light refreshment was provided to the participants. The work continued till 3.30 pm.154 volunteers were attended the programme.



### **17,CANCER AWARENESS Programmes(^06-02-2018& 07-03-2018)**

NSS units arranged an one day cancer awareness programme in the college. Dr. Hari Bhaskar, delivered a special talk on the causes and prevention of cancer.A poster drawing competition was conducted as part of the programme. 20 students were participated in the competition and prizes were given to the winners. 98 students were involved in the programme.Tea and snacks were also served to the participants.



On 07-03-2018, Students installed a tea stall in the college and the profit obtained from this stall sent to RCC Thiruvananthapuram to help the poor cancer patients.





### **18. Regular Work (17-03-18)**

Regular activity of the month of March was held on 17-03-2018. NSS volunteers cleared the Chengannur Christian college Bus stand and premises. 130 volunteers participated in the activity. Refreshments were provided to the volunteers.

