Walk With A Scholar (WWS) Programme

CHRISTIAN COLLEGE CHENGANNUR

Annual Report

Programme of The New Initiatives
Directorate of Collegiate Education

Walk With A Scholar (WWS) Programme

CHRISTIAN COLLEGE, CHENGANNUR

The Walk With A Scholar (WWS) Programme of the Directorate of Collegiate Education continued its activities in the College for the second year during 2015-16.

- Sixty students (thirty from the first and second years respectively) were active members.
- *Ten* members of the faculty functioned as internal mentors during 2015-16. Dr. JyothiKanchan A.S., PreethaKarnaver, Jolly Alex, Jim Chacko, Pheba Ann Zachariah were selected as internal mentors for the first year mentees in addition to Dr. Jisha John, Dr. Vinoy Thomas, Dr. Annies Joseph, Dr. Rani Abraham and Dr. AnejSomaraj who continued as internal mentors for the second year students.
- In addition to the meetings with internal mentors, regular meetings were also convened by the co-ordinator.

Activities

- The first meeting of the first year mentees was held on Saturday, 15th November, 2016. The WWS Co-ordinator, Dr. Susan Abraham, explained the programme to the Mentees and what was expected of them. They were also introduced to their respective internal mentors.
- The second year mentees organised a Quiz programme(Mystic Mantra) in the college on Tuesday, 17th November, 2015. Participation was invited from both UG and PG students of the college. The programme commenced at 10 am with a welcome address by WWS mentee Chris Joe Mathew of DC II Chemistry. Forty teams from nine Departments participated in the preliminary round of the Quiz. Six teams were selected for participation in the final round. Second year WWS mentee, Ajai A. Pillai served as the Quiz Master. During the interval, second year mentee, Tanya Ann Varghese made a presentation about the WWS programme in general and its implementation in Christian College during the academic year 2014-15. She also spoke about the benefits the mentees received being part of the programme. The Prizes were distributed by the Principal. Speaking on the occasion, the Principal expressed her happiness at the initiative taken by the students in organising such a programme and congratulated them on a well organised initiative. Prof. Biji Abraham, Department of Economics, felicitated the mentees on their efforts and encouraged them to take up even greater challenges. Celine Mariam Mathews proposed the vote of thanks.





The Principal Dr. Achamma Alex Inaugarating the Quiz Programme

Quiz Master Ajai A. Pillai

• The final round had 6 oral sub-rounds comprising Current affairs, Arts, Science and Culture, Sports and Film, Picture Round and a rapid fire round. IssacTharakan and Vishnu Thilakan of the Department of Mathematics secured the first place in the Quiz and received a cash prize of Rs.1000 and certificates. Brittu Alexander Roy and Jyothimol secured the second place and received a cash prize of Rs.500 /- and certificates. Nikhil Iswar and VipinSanil of the Department of Chemistry secured the third place and received certificates. The Prizes were distributed by the Principal.



IssacTharakan and Vishnu Thilakan Receiving the First Prize from the Principal



Brittu Alexander Roy and Jyothimol Receiving the Second Prize from the Principal



Nikhil Iswar and VipinSanil Receiving the Second Prize from the Principal



WWS Co-ordinator Speaking on the Occasion



Paricipants During The Preliminary Round



The WWS Team with the Principal and the Winners

• The Christian College under the initiative of the Walk With A Scholar Programme observed the Indian Constitutional Day in the College on 26th November, 2015. Speaking on the occasion, the Principal, Dr. Achamma Alex reminded the student community about the importance of the Day and why it needed to be remembered and observed as a special day. Ajai A. Pillai gave a brief history of the Constitution. Jishnu S. Nair of the second year WWS programme recited the Oath in the Preamble which was repeated by all.







The Principal, Dr. Achamma Alex reminding Students about the importance of the Constitution Day



Mentees Reciting the Oath in the Preamble



Mentees Reciting the Oath in the Preamble

The WWS programme in association with the UNAI chapter of the College also observed the UN Day for Prevention of Crimes Against Women in the College on 26th November, 2015. WWS mentees, Ajai A. Pillai and Tania Ann Varghese also spoke on the occasion.



Principal, Dr. Achamma Alex, Speaking to the Audiance



WWS Mentee Tania Ann Varghese Speaking



Second Year WWS Mentee Ajai A. Pillai Speaking



Students Speaking to the Audiance

• An external mentoring session by Yoga trainer, Sri. M.P. Pandiraj was arranged on Monday, 18thJanuary, 2016 on '*Mind and Body Rejuvenation*'. The students were given a session on the various yoga exercises they could follow daily before beginning study time. They were also taught how to meditate to relax the mind. They were also trained on how to relax the mind using breathing exercises before and during examinations. The practical session was attended by eighteen mentees.



Mind and Body Trainer M. Pandiraj with Mentees



Mind and Body Trainer M. Pandiraj with Mentees



Mind and Body Trainer M. Pandiraj with Mentees



Mind and Body Trainer M. Pandiraj with Mentees

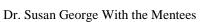
 Two first year mentees participated in the Youth Colloquium organised by the Department of Youth Welfare from 8th – 10th February, 2016 at Kowdiar Palace, Thiruvananthapuram.



WWS Mentee Abraham Alexander at the Youth Colloquium

- Four of the first year internal mentors, Dr. JyothiKanchan A.S., PreethaKarnaver, Jolly Alex and Jim Chacko attended the Cluster group workshop organized by the Office of New Initiatives at M.S.M. College, Kayamkulam on 11th February, 2016.
- Dr. Susan George, RIMS, Pandalam, a JCI National Trainer, conducted a mentoring session for the first year mentees on Saturday, 20thFebruary, 2016. There were three main sessions on *Critical Thinking*, *Goal Setting* and *Stress Management*. Twenty nine mentees attended.







Dr. Susan George During the Training







Creativity Exercise During Training Session

• WWS unit of the College arranged a *two day motivational visit* to three institutions of national repute in Bangalore – Indian Institute of Science, National Centre for Biological Sciences and Christ University from 3rd to 6th March, 2016. Twenty seven mentees participated.

• March 5th is observed as Founder's Day by the Indian Institute of Science as an open day. On this day the campus is thrown open to everyone and all the Departments have some activities on display for the general public. On arrival, the mentees and inter mentors were briefed about the various activities on display by the various Departments by student volunteers.





The Administrative Buildong, Indian Institute of Science

The Statue of J.R.D. Tata infrot of the Administrative Wing



Mentees and mentors infront of the Administrative Building of the Indian Institure of Science



Mentees moving on to visit Departments of their Interest





Mentees looking Up the Activity Chart of IISc Open Day

Volunters at IISc. speaking to the mentees

• The National Centre for Biological Sciences which is a part of the Tata Institute of Fundamental Research is located on the Airport Road on the outskirts of Bangalore. Dr. Sabitha S. gave an inspiring lecture to the mentees on the advantages of research as a higher education option and the various possibilities available for researchers. She spoke about her personal experience of how she got into NCBS.



The National Centre for Biological Sciences



Mentees at the Entrance to NCBS





Dr. Sabitha talking to the Mentees

The Mentees Interacting with Dr. Sabitha





Dr. Anuradha Shetty Making a Presentation on NCBS

 $\begin{array}{c} \mbox{Mentees with Dr. Anuradha in front of the NCBS} \\ \mbox{Labs} \end{array}$

 Dr. Anuradha Shetty made a presentation on the various research activities that are taking place in NCBS. She stressed the fact that NCBS is a place where people from multiple disciplines have opportunities for employment because their talents are required in interdisciplinary studies.



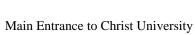


Mentees raising queries and clearing doubts

Mentees at the Reception of NCBS

• Christ University has to campuses – a main campus in the Diary Sector and the Engineering campus. The group visited the Main campus which houses the Arts and Science courses.







Quadrangle of the Science Block



Mr. Bhaskar outlining the schedule of the visit



Mentees in front of the Science Block

• They group was met by Mr. Bhaskar and a group of 5 Christite student volunteers. The group was taken on a tour of the entire institution and shown all the facilities like the Great Auditorium, Conference halls, Seminar halls, Moot Court, the open air auditorium, the hostel facilities, stage facilities, etc.







Mentees inside the Mini Conference Hall



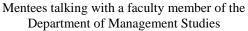
Mentees with the Christ University Main Librarian



Mentees inside the Moot Court in Christ University

• The mentees were also given a tour of the library facilities – both the Old library and the new library (Knowledge Centre).







Mentees with Christite Volunteers

- A one day motivational trip was also arranged for the mentees on 15th March, 2016 to institutes of national repute in Kerala Vikram Sarabhai Space Centre, Centre for Development Studies and Rajiv Gandhi Centre for Biotechnology. Thirty mentees participated in the visit.
- At Vikram Sarabhai Space Centre, the group was met by Dr. S. Suraj, G Class Officer and 5th National Award for Technology Innovations in the field of Polymer Technology. As an employee of VSSC, he addressed the students and gave a brief talk about various activities taking place in VSSC and admission to its training institute the Indian Institute of Space Technology (IIST). He patiently answered all their queries.



The VSSC Museum



Dr. S. Suraj, with the Mantees inside the VSSC campus

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• The group was also taken to the VSSC Museum where the Museum in charge explained in detail all the exhibits and the history behind each Indian space endeavour.



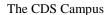


Exhibit Outside the VSSC Museum

Inside the VSSCMuseum

• At, the Centre for Development Studies, Uloor the Chief Librarian Dr. V. Sriram gave a detailed explanation of the M.A, M. Phil. and Ph.D. programme offered by CDS and the eligibility criteria. The students were divided into two groups and given a detailed tour of the library facilities. Afterwards they had a chance to see the CDS Campus as well.

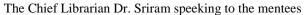






A Walk Inside the CDS Campus







Chief Librarian Dr. Sriram AAnswering Querries of Mentees



Library staff taking the mentees on a tour of the library



Mentees in front of the K.N. Raj Library at CDS

• Rajiv Gandhi Centre for Biotechnology (RGCB) has its main campus at Jagathy in Thiruvananthapuram. The campus concentrates on Disease Biology Research and does innovative research in cellular and molecular mechanisms of human, animal and plant diseases. A prior appointment had been made with the Mr. Subash K. who met the group on arrival. He gave a detailed explanation of the various research activities undertaken. The mentees were divided into three groups of ten and taken to various labs.





Mentees at the RGCB Campus

The RGCB Main Building

• In each lab the concerned person in charge explained the nature of research undertaken in that particular lab and demonstrated to the students the working of the instruments and machines. The students were particularly impressed with the instrumentation in the single stem research lab and the cancer research labs. Cameras were restricted within the lab facility.



The RGCB Quadrangle



Mentees at the RGCB Campus

• A talk by Dr. Joseph Atson Thomas and Dr. Susan George on '*Options in Higher Education* was arranged for the second year mentees on Saturday 12th March, 2016. Eighteen mentees attended.













- Four WWS Mentees (AthiraUnnikrishnan, Anjali Krishnan, Rojan Roy and AdithVarma R.) attended the *National Workshop on Sexual Harrasment, Prevention and Redressal* organised by the Dr. B.R. Ambedkar Chair, Centre for Human Rights and Social Justice, Department of Law, University of Kerala, Kariyavattom, Thiruvananthapuram on 22nd March, 2016.
- Dr. K.M. Venugopal, Assistant Editor Bhashapooshini and Director of *Create* conducted a one day creative thinking training programme for the first and second year WWS mentees. The session included creative exercises, a character analysis and Motivational Class. He was assisted by his *Create* team members from Kottayam. The sessions were conducted separately for the first and second year mentees.







First &Second Year Mentees



Art Director Addressing the First Year Mentees



Second Year Mentees in a Creative Exercise





Ms. Charlot Addressing the First Year mentees

Ms. Charlot With the Second Year Mentees

• Trainers Sarah John and NeetumolTaj from B-GUD, Mavelikara conducted a two day Mentoring and Public Speaking Session for the first and second year mentees on 30th and 31st March, 2016. The Classes were aimed at addressing the lack of confidence and shyness of the mentees in expressing themselves in public. Thrust was given on making the mentees speak and express themselves without reserve in public. Fifty five mentees attended.



Second Year Mentees with their Artistic Creation



First Year Mentees with Trainer Neethumol Taj





Second Year Mentee, Athira Unnikrishnan

First Year Mentees with their Artistic Creations

The students were divided into groups and asked to undertake creative excercises. They were give many opportunities to use the microphone. This helped to boost the confidence of many mentees. In a particular session, mentees were asked to share one secret about themselves that no one else in the room knew about them. This was a doorway that opened a floodgate of emotions ranging from anger to couwardis and helped the mentees to open up to each other in public.







Remi Mariam Regi receiving the B-GUD prize for Best Speaker



Second Year Mentees Presenting An Activity



First Year Mentees Presenting An Activity



Second Year Mentees with Trainer Neethumol Taj



Second Year Mentees with Trainer Sara John



First Year Mentees with Sara John



First Year Mentees with Trainer Neethumol Taj

The Walk With A Scholar (WWS) Programme in the College for the academic year 2015-16 officially came to an end on 31st March, 2016.

Dr. Susan Abraham WWS Program Co-ordinator Christian College Chengannur

ANNEXURE

1.1 List of First Year Mentees 2015

Sl. No.	Name	Department	Internal Mentors				
1	Arjun Narayanan Kutty	Botany					
2	Rinju C. Achankunju	Dotaily	Dr.				
3	Adwaitha		JyothiKanchan				
4	Athira Das	Mathematics	A.S.				
5	Rehna S.	_ Wiamemanes	A.S.				
6	Remi Mariam Reji						
7	Lutheya Elsa Alex	Mathematics					
8	Jithu S. Kumar	Chemistry					
9	Jebi Mariam Kurian	English	Ms.				
10	Paul John Philip		PreethaKarnaver				
11	Sumitha Rani Thomas	Zoology					
12	VijithaVijayan						
13	Aishwarya Mohan M.S.	English					
14	LibinSaji	History					
15	Feba Varghese		Ms. Jolly Alex				
16	Jittu George	English					
17	Shalu S.	English					
18	V. S. Keerthana						
19	AdithVarma R.						
20	Bikku Ann Chacko						
21	Rojan Joy	Dhysias	Dr. Jim Chacko				
22	Sam P. Raj	Physics	Di. Jilii Chacko				
23	Sreerev T.R.						
24	Tintu Titus						
25	Christy Mary Babu						
26	Jince Varghese	Commerce					
27 JerinChacko			Ms. Pheba Ann				
28	Abraham Alexander		Zachariah				
29	Anusruthy P.S.	Economics					
30	Sachin Nair						

• Students of the First year programme with more than 75% marks in their Higher Secondary examination were asked to apply for the WWS programme. Sixty three students applied. They were short listed to thirty six students based on their Higher Secondary Marks as well as their participation in a group discussion. From this, the highest ranking thirty students were selected as WWS mentees.

1.2 List of Second Year Mentees 2015

Sl. No.	Name	Department	Internal Mentors			
1	Anoop Varghese					
2	Justin Sunny					
3	Reshma Raveendran		Dr. Jisha			
4	Roja Roy	Economics	John			
5	Shini Thomas					
6	Vishnu Priya T.					
7	Ansu Baby	Mathematics				
8	Ajay A. Pillai					
9	Amalrani Thomas		Dr. Vinoy			
10	AnjuSaji	Physics	Thomas			
11	GinuMerin George					
12	Jishnu S. Nair					
13	Athira U. Krishnan	Botany				
14	Rebecca Mary George	Mathematics				
15	Lisha John	iviamemanes	Dr. Annies			
16	Tania Ann Varghese		Joseph			
17	Revathy U.	Zoology				
18	Arya G.					
19	Arya P.S.	Mathematics				
20	Celin Mariam Mathew					
21	Chris Joe Mathews	Chemistry	Dr. Rani			
22	Jissa Joseph		Abraham			
23	Manju Mathew	D1				
24	Geethu Krishnan	Physics				
25	Joya T. Abraham	Physics				
26	Jithin T. Jose	History				
27	Raison Royal	Commerce	Dr.			
28	MekhaAchu John		AnejSomaraj			
29	Santhi Mariam Varghese	English				
30	Vrindha P.J.					

^{*} Students were selected during the first year, based on their Higher Secondary marks alone.

1.3 Proforma (Internal Mentors Registration for Aided Colleges) (WWS 2015 - 16)

Name of the College	Christian College Chengannur
Name of the Principal	Dr. Achamma Alex
Mobile Number of the Principal	9446755375
E-mail ID of the Principal	christiancollege@gmail.com
Name of WWS Co-ordinator	Dr. Susan Abraham
Mobile Number of the Co-ordinator	9605171447
E-mail ID of the Co-ordinator	susanmi@gmail.com

Details of the Internal Mentor Assigned for WWS Programme (2015 - 16)	

First Year

Sl. No.	Name of the Mentor	Mobile	Designation	E-mail ID
		Number	With Subject	
1	Dr. JyothiKanchan	9446431623	Assistant Professor	jyothiccc@gmail.com
			(Botany)	
2	Ms. PreethaKarnaver	9447714483	Assistant Professor	karnaver1@gmail.com
			(Zoology)	
3	Ms. Jolly Alex	9447413117	Assistant Professor	jollyjeru@gmail.com
			(English)	
4	Mr. Jim Chacko	7025825052	Assistant Professor	jim.chacko.v@gmail.com
			(Physics)	
5	Ms. Pheba Ann Zachariah	9946650990	Assistant Professor	pheba.zac@gmail.com
			(Economics)	

Second Year

Sl. No.	Name of the Mentor	Mobile Number	Designation with subject	E-mail ID
1	Dr. Jisha John	9447959057	Associate Professor (Economics)	john.jisha@rediffmail.com
2	Dr. Vinoy Thomas	9497331753	Assistant Professor (Physics)	vinoythoma@gmail.com
3	Dr. Annies Joseph	8547445455	Assistant Professor (Zoology)	anniesjoseph@yahoo.com
4	Dr. Rani Abraham	9447439962	Assistant Professor (Chemistry)	raniabraham@gmail.com
5	Dr. AnejSomaraj	8129130693	Assistant Professor (English)	anej.anejsomaraj@gmail.com

1.4 List of External Mentors Engaged During 2015-16

		Date	Duration
1.	M.P. Pandiraj, Yoga Trainer, Munnar	18-01-16	5 Hours
2.	Dr. Susan George, RIMS Pandalam	19-02-16	5 Hours
3.	Dr. Joseph Alston thomas, Freelance Trainner	12-03-16	5 Hours
4.	Dr. K.M. Venugopal, Create, Kottayam	26-03-16	5 Hours
5.	Ms. Saramma John, B-GUD, Mavelikkara	30-03-16	5 Hours
6.	Ms. NeetumolTaj, B-GUD, Mavelikkara	31-03-16	5 Hours

1.5 **Bio-data of External Mentors Engaged During 2015-16**

PROFILE

M.P. PANDIRAJ Grahamsland Road Idukki District Munnar P.O. kerala-685 612.

E-mail: alb2c3d4e5z1@gmail.com

Mobile: 9496442002

CARHER OBJECTIVE

A challenging and illustrious career in a competitive environment where I can practically apply and improve upon the analytical and yoga and Meditation experience acquired during my education to the Institution benefit and my own satisfaction.

EDUCATIONAL PROFILE

M.A. Philosophy

M.Sc. Yoga

Now presently doing M.Sc applied Psychology

TECHNICAL AND SOFTWARE SKILLS

DTP

EXTRA CURRICULAR ACTIVITIES

Reading

Counseling

Mind and body refresh trainer

PERSONAL INFORMATION

1. Name M. PANDIRAJ

2. Date of Birth 08-06-1964 3. Father's Name Mayan

Grahamsland Road, Idukki District Permanent address Munnar P.O., Kerala-685612.

Languages known Tamil, Malayalam, English Yoga Training & Reading 6. Hobbies

Strengths Hard working, Time Management

Honest Self confidence, Bold

Yoga and Meditation Trainer in various Institution Experience like Govt. Law College, Police Academy Medical Colleges, Engineering Colleges, Bed Training

Colleges, Poly Techniques, Higher Secondary &

High Schools etc.

WWS MENTOR

I hereby declare that the particulars given above are true and correct to the best of my knowledge and belief.

P lace: Date :

DECLARATION

M. PANDIRAJ

PROFILE



Dr. Susan George, Corporate Trainer Mobile:+91 9847949103

susangedathara@gmail.com

www.trainersusan.com

Scholastic Record

Ph. D-Management – Organisational Behaviour .	Kerala University, Trivandrum
B.Ed.(English & Science)	IGNOU, New Delhi
NET/UGC- Management	UGC, New Delhi
M.H.A.	Mahatma Gandhi University, Kottayam.
(Hospital Administration)	
M.Sc. Zoology	Agra University, Agra.

Professional Background

- **Principal,** Reliable Institute of Management & Science-RIMS (Affiliated to Edexcel, Pearson, UK), Pandalam, Pathanamthitta Dist. Kerala.
- **Director,** GRHRCS Pvt. Ltd, Pandalam, Kerala.(Software Company).
- Former **Project Manager**, Monash IVF(Joint venture of Australia, Singapore and Kerala),
- KVM-Kinder Hospital and Research Centre Pvt. Ltd, Cherthala, Alleppey, Kerala.
- Former **Principal**, St. Mary's College for Women, Thiruvalla, Kerala.
- Former Manager-Administration, Century Hospital, CTSH Ltd, Chengannore, Kerala.
- **Total Work Experience: 18 years**

Other Roles and Achievements

- JCI approved National Trainer
- Curriculum designer & trainer, ASAP, Govt. of Kerala
- External Examiner in the University Examinations, Mahatma Gandhi University, Kottayam.
- Conducted more than 500 training programs.
- Career guidance given to more than 10000 students (both graduates, 10th and 12th standards)
- Corporate Trainer, HLM- HLL, Trivandrum
- Founder of "Jyothirgamaya"- the Leadership Training and Counselling Program for adolescents.
- HR Consultant, Exodus Hospital, Kalpetta.
- CSR Trainer, Apollo Gold & Apollo Builtec Group, Manchery.
- Former Zone Director, JCI- India.
- Outstanding National Trainer-2014
- Outstanding JC Award winner of Zone -22-(2014)
- Outstanding Jcrt. Chairperson award winner of the Zone-22(2012)

Major Training Areas

- Conflict Resolution, Problem Solving Skills, Time Management, Stress Management.
- Career Guidance ,Leadership Skills , EQ, CSR Programs, Adolescent Training.
- Creativity in Management, Change Management, Effective Decision Making, Teamwork, Organisational Development.
- Parenting, Innovative Teaching, Kaizen, Customised trainings for different professions.
- Attitude, Motivation, Perception, Effective Communication, Goal Setting.

RESUME



JOSEPH ATSON THOMAS

Mob: 9496930842 Mail: atsons@gmail.com

Academic Background: MBBS, MHA

- MBBS Wuhan University, School of Medicine, China. (2005-2010)
- MHA Reliable Institute of Management & Science, Pathanamthitta, Kerala, India.
 [BTEC L7 Strategic Management & Leadership, Edexcel, Pearson, UK (2011-2014)]

Areas of Interest:

- General Administration
- Personnel Management
- Quality Assurance & NABH
- Project Management
- · Operations Management
- Strategic Planning & Business Development

Professional Proficiency:

- Leadership Competency
- Excellent Presentation Skills
- Effective Communication Skills
- HR Training & Development
- Event Management Expertise
- E-Communication Proficiency

Job Profile:

♦ Job Position: Administrator

CRAFT Hospital & Research Centre, Thrissur,

250 bedded Super-specialty Hospital [Since October 2014 - Till Present]

♦ Job Position: Operations Executive

Kosamattam Healthcare & Speciality Centre,

Kottayam, 50 bedded Multi-specialty Hospital [March-June, 2013]

Work Experience:

- Assisted in Hospital Planning & Facility Designing
- Operations & Hospital Maintenance Management (Non-Clinical)
- · Vendor Sourcing, Cost Analysis & Negotiation of Procurements
- Infrastructure, Supply Chain & Materials Management
- · HR Planning, Recruiting & Performance Monitoring
- HR Training for Improved Performance & Care in Patient Services
- Streamlining Effective Inter-Departmental Working Relationships
- Implementation & Monitoring of Service Quality Standards
- · Ensuring Hospital Policies & Procedures in Stern & Smooth Practice
- Creative Head for Designing Hospital Documents/Publishings (Brochures, Forms, Media Ads, Clinical & Administrative Records)
- Media Planning & Co-ordination of Marketing Activities/Clients

Dr. K M Venugopal Assistant Editor Bhashaposhini, MalayalaManorama Ph. No. 9496223556



Assistant Editor of Bhashaposhini, a 123yr old Malayalam literary magazine from MalayalaManorama will do the introductory presentation. He presented the possibility of curriculum for creativity at TEDx WILLINGDON. Prominent literary critic and cultural critic, and author of eight books, he has edited the Young Poetry Anthology, translated Arundhathi Roy's book, The Algebra of Infinite Justice to Malayalam, and scripted the National Award winning documentary film- Kandathil Varghese Mappilai. He conducts screenplay workshops and also collaborates in stage shows. "A Day for Creativity "is an attempt for a curriculum on creativity.

Dr.K M Venugopal is a scholar who has conducted creativity workshops in venues of national as well as international significance. In the Kerala and Calicut University, a refresher courses(twice) for college teachers in the Malayalam department as well as another one for research scholars and post graduate students of Malayalam, Tamil, and other linguistic students. He has also conducted workshops in BCM College Kottayam, various government colleges and private institutions, workshops aimed at engineers in KIED and for advertisement professionals in cochin etc.

Another workshops at Malayalam University, Thiroor is set to happen this month. Dr. Venugopal is a gifted orator and has presented this topic in Kerala Sahithya Academy and other cultural institutions. He has also presented on the topic, Curriculam for Creativity at the TEDx Wellington.

Saramma John

Phone:9526607327, 8592961684 (mobile), 04682313289(Residence)
E-Mail:<u>aannie812@gmail.com</u>
Thadeetarayil House, Kozencherry, Maramon,
Pathanamthitta District 689549
Kerala, India

My Aspiration

• To obtain a position where I can utilize my experience and abilities to deliver and enhance quality services in the field of Educational Services.

My Attributes

- Confident, innovative, proactive with excellent interpersonal and communicative skills
- Great people skills.

My Academia

- Master of Science (M.Sc) in Psychology, University of Madras. 2014
- Master of Library and Information Science (M.L.I.Sc) 1999
- Bachelor of Library and Information Science (**B.L.I.Sc**) 1997
- Bachelor of Science (**B.Sc**) 1996

My Employers:

THE TIMES OF INDIA

(April 2016-till date)

Asst Manager RMD

Work Synopsis

- Handling Kochi and Trivandrum (student Edition)
- Taking care of editorial inputs circulation and business development
- Planning of events seminars for faculty and students across Trivandrum and Kochi

B-GHUD ACADEMY (August 2015- April 2016)

Training Head and Marketing Manager

Work Synopsis

- Initializing need based programs for the clients
- Promoting IELTS, Communicative English in schools and colleges.
- Developed business in AlapuzhaDist
- Handling training and motivational sessions for students across Engineeringand Arts & Science colleges.
- Handling placement training for Engineering students, special emphasis on Group Discussion, Personal Interview and Fear management.
- Handling stress management sessions.
- Conducting Train the Trainers program for new trainers

SB Global Educational Resources Kottayam

(October 2013-June 2015)

Soft Skills Trainer and Business Development Manager

Work Synopsis

- Handling training and motivational sessions for students across Engineeringand Arts & Science colleges.
- Handling training for teachers with respect to CCE certification for CBSE teachers.
- Handling training in Language convention with respect to PSA for CBSE students.(successfully trained 2045 students across 10 schools for PSA- 2014)
- Handling placement training for Engineering students, special emphasis on Group Discussion, Personal Interview and Fear management.
- Handling stress management sessions.
- Online Counseling to students with respect to career choices, personal issues.
- Meeting Principals of Schools and Colleges
- Initializing need based programs for the clients
- Promoting IELTS, Communicative English in schools and colleges.
- Developed Business in Pathnamthitta

SKR Engineering College Chennai

(July-2011-April 2013)

Soft Skills Trainer and counselor

Work Synopsis

- Handled spoken and communicative English for the I, II nd and IIIrd year Engineering students MBA and MCA departments.
- Counseled students who experienced emotional and psychological difficulties which hindered the functioning to their fullest potential.
- Promoted student's emotional and psychological wellbeing
- Provided confidential counseling of a professional standard to students

Lady Andal School

(June2009-2010)

Librarian

Work Synopsis:

- Training and orienting the students in terms of usage of library.
- Story telling
- Planning coordinating events for the students to increase the reading habits of children
- Preparing book reviews for the benefit of the users.
- Marketing the library services through designed display of resources, authors.
- Inviting book exhibitors to exhibit their products.

Corporate Communication / Trainer NeetuMolTaj

neetutaj1986@gmail.com

+91 755 8085 838

STRENGTH

- Presentation skills
- Trainability and up-skilling
- **Analytical Skills**
- Client interfacing skills
- Strong interpersonal, (written and verbal) communications skills
- Multi-tasking in a high-pressure environment
- Creative thinker

TRAINED IN

- ♣ Trainer The Trainer Certificate program (IELTS)
- ITIL Foundation.
- Business Intelligence.
- International Business.
- Human Resource Management.
- Information Management.
- ELSA certified
- **ILETS Certified**

DOMAIN KNOWELDGE

- Client Engagement.
- Public Forum Administration.
- **Business Office Management**
- Controlling policy and guideline.
- End to End management of Customer Visit. Collation and production of presentation packs
- Management of Distribution Lists and Public
- Groups. Development of Brand Marketing strategy and
- **Development of Corporate Communication**
- Cross geo and time zone communication.

IT APPLICATION & TOOLS

- MS Office
- Lotus Notes
- Adobe Photoshop
- Abbey Fine Reader

SPOKEN LANGUAGE

- English/ Hindi / Malayalam (Oral/Written)
- ◆ Tamil / Kannada/ Arabic (Oral)

OBJECTIVE:

Aspiring for middle level management position and to contribute to the growth of the organization by utilizing my management, communication, people management and technical skill.

SYNOPSIS:

Business communication personnel with 6 years of valuable experience in Training, Communication & Development.

Effectively preformed various role stretched across Business communication, Soft skill uplifting, Office Administration and Sales.

Insightful knowledge of Customer Engagement, International Business, Audio-Visual Newsletter communication. Skilled at handling multiple tasks and assignments simultaneously. Understanding of SLAs, OLAs and Process Documents.

CAREER SUMMARY:

FULL TIME EXPERINCE-6+ Years

Life skills\IELTS Trainer

B-GHUD Academy Pvt Ltd June 2014 till Present

EMEA Communication Lead

IBM India Pvt Ltd Jan 2010 to Feb 2013

Soft Skills Trainer

Serco Global Service Pvt Ltd. Jul 09 - Oct 09.

Center Head / Senior Human Resource Executive" Adityaa Pvt. Lt. March 08 - April 09

FREE-LANCED WORK EXPERIENCE - 1+ years

Sales Executive -Icon Communication Center. (Czech Republic-East Europe) July07 - September 07

Soft Skills Trainer / Business English Conversational Trainer- European Language Center Project: CSOB Bank (Czech Republic) - June 06 to June 07

School Administrator - Royal International School (Riyadh - KSA) from May 09 to June 09

Bachelor's degree in Information Management Studies Year 2008 - University of Hradec Kralove (CZ)

1.6 **Attendance Statement of First Year Mentees 2015**

Sl. No.	Name	Internal Mentors				
		Dec	Jan	Feb	Mar	Total
1	Arjun Narayanan Kutty	2	4	8	8	22
2	Rinju C. Achankunju	2	4	8	8	22
3	Adwaitha	2	4	8	8	22
4	Athira Das	2	4	8	8	22
5	Rehna S.	2	4	8	8	22
6	Remi Mariam Reji	2	4	8	8	22
7	Lutheya Elsa Alex	5	0	5	6	16
8	Jithu S. Kumar	5	3	3	5	16
9	Jebi Mariam Kurian	2	4	4	6	16
10	Paul John Philip	5	3	4	5	17
11	Giftymol P. Issac	4	4	4	4	16
12	VijithaVijayan	4	4	4	5	17
13	Aishwarya Mohan M.S.	4	7	6	3	20
14	LibinSaji	8	7	4	3	22
15	Feba Varghese	6	5	4	5	20
16	Jittu George	7	5	6	4	22
17	Shalu S.	7	5	4	4	20
18	V.S. Keerthana	7	5	6	3	21
19	AdithVarma R.	3	3	7	6	19
20	Bikku Ann Chacko	3	3	7	6	19
21	Rojan Joy	3	3	7	6	19
22	Sam P. Raj	3	3	7	6	19
23	Sreerev T.R.	3	3	7	6	19
24	Tintu Titus	3	3	7	6	19
25	Christy Mary Babu	0	0	7	8	15
26	Jince Varghese	0	0	7	4	11
27	JerinChacko	0	0	7	8	15
28	Abraham Alexander	0	0	7	8	15
29	Anusruthy P.S.	0	0	7	8	15
30	Sachin Nair	0	0	7	8	15

	External Mentors							
18-01-16	19-02-16	26-03-16	30-03-16	31-03-16	Total			
1	1	1	1		4			
1	1	1	1	1	4 5 2 3 4 5 5 4 5 3 1 5 5 4 3 5 5 4 5 5 5 4 5 5 5 5 4 5 5 5 5			
1	1				2			
1	1	1			3			
1	1		1	1	4			
1	1	1	1	1	5			
1	1	1	1	1	5			
1	1			1	4			
1	1	1	1	1	5			
		1	1	1	3			
		1	1	1	3			
			1		1			
1	1	1	1	1	5			
1	1	1	1	1	5			
1	1		1		3			
1	1	1	1	1	5			
1		1	1	1	4			
1		1	1	1	3			
1	1	1	1	1	5			
1	1	1	1	1	5			
1	1		1	1	4			
1	1	1	1	1	5			
1	1	1	1	1	5			
1	1		1	1	4			
1	1	1	1		4			
1	1	1	1	1	5			
1	1	1	1		4			
1	1	1	1	1	5			
1	1	1	1	1	5			
1	1	1	1	1	5			

1.7 Attendance Statement of Second Year Mentees 2015

Sl. No.	Name	Internal Mentors			I	Exte	rnal	Me	ntor	s					
		Sep	Oct	Nov	Dec	Jan	Feb	Mar	Total	20-02-16	12-03-16	26-03-16	30-03-16	31-03-16	Total
1	Anoop Varghese	3	1			1		10	15	1	1	1	1	1	5
2	Justin Sunny	3	1			1		10	15	1				1	2
3	Reshma Raveendran	3	1			1		10	15	1	1				2
4	Roja Roy	3	1			1		10	15	1	1	1	1	1	5
5	Shini Thomas	3	1			1	1	10	15		1				1
6	Vishnu Priya T.	3	1			1		10	15	1	1	1	1	1	5
7	Ansu Baby	4	4	1	2	5	1	1	18	1	1				2
8	Ajay A. Pillai	4	4	1	2	5	1	1	18	1	1	1	1		4
9	Amalrani Thomas	4	4	1	2	5	1	1	18	1	1	1	1	1	5
10	AnjuSaji	4	4	1	2	5	1	1	18	1	1	1	1		4
11	GinuMerin George	4	4	1	2	5	1	1	18	1	1	1	1	1	5
12	Jishnu S. Nair	4	4	1	2	5	1	1	18	1	1	1	1		4
13	Athira U. Krishnan	1	1	1	2	2	4	4	15	1	1		1	1	4
14	Rebecca Mary George	1	1	1	2	2	4	4	15	1	1	1	1	1	5
15	Lisha John	1	1	1	2	2	4	4	15	1		1			2
16	Tania Ann Varghese	1	1	1	2	2	4	4	15	1	1	1	1	1	5
17	Revathy U.						4	11	15	1		1	1		3
18	Arya G.	4	4	5	4	5	3	5	30	1					1
19	Celin Mariam Mathew	4	4	5	4	5	3	5	30	1	1	1	1	1	5
20	Manju Mathew	4	4	5	4	5	5	6	33	1	1	1	1	1	5
21	Jissa Joseph	4	4	5	4	5	4	5	31	1			1	1	3
22	Chris Joe Mathews	4	4	5	4	5	4	5	31	1		1	1	1	4
23	Arya P.S.	4	4	5	5	4	4	5	31	1	1	1	1		4
24	Geethu Krishnan	9	1	3	1	2	2	2	20	1		1			2
25	Raison Royal	9	1	1	2	2	2	2	19	1	1		1		3
26	Vrindha P.J.	4	4	5	4	5	3	5	30	1		1	1		3
27	Santhi Mariam Varghese	4	4	5	4	5	6	6	30	1		1	1		3
28	MekhaAchu John	4	4	5	4	5	5	6	33	1		1	1		3
29	Joya T. Abraham	4	4	5	4	5	4	5	31	1	1	1	1	1	5
30	Jithin T. Jose	4	4	5	4	5	4	5	31	1			1	1	3

1.8 List of Books/Study Materials Purchased During 2015-16

- The Pearson Guide to Quantitative Aptitude and Data Interpretation for the CAT
- 2 A Modern Approach to Verbal & Non-Verbal Reasoning
- 3 MH-CET (MBA/ MMS) Entrance Guide (must for NMAT & SNAP) 2nd Edition
- 4 Test Series for the CAT Online
- 5 Target XAT 2016 (Past Papers 2005 2015 + 5 Mock Tests + General Awareness)
- 6 Koncepts of LR Logical Reasoning for CAT, XAT, CMAT, Bank PO & Other Aptitude Tests
- 7 TARGET IIFT 2015 Past (2005 2014) + 5 Mock Tests + General Awareness
- 8 TARGET SNAP 2015 Past (2005 2014) + 5 Mock Tests
- 9 Crack WAT/ GD/ PI for MBA Admissions (CAT/ XAT/ IIFT/ FMS/ SNAP/ NMAT/ CMAT/ JBIMS Aspirants)
- How to Get into Your Dream B School Strategies (Aptitude Test/ WAT/ GD/ PI) to crack
- 11 Target MH-CET (MBA/MMS) Past (2007 2015) + 6 Mock Tests
- 12 The Pearson Guide to Logical Reasoning and Data Interpretation for the CAT
- 13 Quantitative Aptitude for Competitive Examination
- 14 NMAT Entrance Guide
- 15 Crack WAT/GD/PI for MBA Admissions (Must for CAT/XAT/IIFT/FMS/SNAP/NMAT/CMAT Aspirants)
- 16 High School English Grammar & Composition, Wren, Martin
- 17 Let's Crack SSB Interview
- 18 Mastering The Verbal Ability for Cat Common Admission Test
- 19 SSB Interview: The Complete Guide
- 20 Quantitative Aptitude Quantum CAT COMMON Admission Tests For Admission into IIMs
- 21 GATE Guide Life Science Zoology
- 22 GATE Guide Biotechnology 2016
- 23 GATE Guide Life Science Botany 2016
- 24 GATE Guide Mathematics 2016
- 25 IIT-JAM : MSc. (Mathematics)

- 26 Chapter-wise GATE Physics Solved
- 27 Year-wise and Section-wise Solved Papers for GATE Life Science
- 28 JNU Chapter-wise Previous Years' Solved Papers MA History Entrance Examination
- 29 Gate Guide Physics 2016
- 30 The Perfect Study Resource: Delhi University (DU) M.A English Common Entrance Test
- 31 IIT-JAM : MSc. Physics
- 32 Gate Guide Life Science Chemistry & General Aptitude (2016)
- 33 Gate Solved Paper Chemistry 2016 (Previous Papers 2000-2015)
- 34 Chapter-wise Gate Chemistry Solved Papers (2015-2000)
- JNU M.A. Economics Chapter-wise Previous Years' Solved Papers Entrance Examination
- 36 Chapter-wise Gate Mathematics Solved Papers
- 37 Year-wise and Section-wise Solved Papers for GATE Life Science
- 38 GATE Guide Life Science Microbiology 2016
- 39 GATE Guide Life Science Biochemistry 2016
- 40 Objective English for Competitive Examination
- 41 How to Prepare for Data Interpretation for the CAT
- 42 Army Cadet College (ACC) Exam Guide (Popular Master Guide)
- 43 I'm Not Afraid of GDPI: Group Discussion and Personal Interview
- 44 The Complete Reference Manual for Cmat Common Management Admission Test
- 45 The Pearson Guide to Verbal Ability and Logical Reasoning for the CAT with CD
- 46 Pathfinder CDS Examination Conducted by UPSC
- 47 Proficiency in Reading Comprehension Simplifying The 'Passage' for You
- 48 Delhi Uinversiyu M.A. Economics Entrance Test Guide

1.9 List of Second Year Mentees Who received Stationary 2015-16

Sl. No.	Name	Signature
1	Anoop Varghese	
2	Justin Sunny	
3	Reshma Raveendran	
4	Roja Roy	
5	Shini Thomas	
6	Vishnu Priya T.	
7	Ansu Baby	
8	Ajay A. Pillai	
9	Amalrani Thomas	
10	AnjuSaji	
11	GinuMerin George	
12	Jishnu S. Nair	
13	Athira U. Krishnan	
14	Rebecca Mary George	
15	Lisha John	
16	Tania Ann Varghese	
17	Revathy U.	
18	Arya G.	
19	Celin Mariam Mathew	
20	Manju Mathew	
21	Jissa Joseph	
22	Chris Joe Mathews	
23	Arya P.S.	
24	Geethu Krishnan	
25	Raison Royal	
26	Vrindha P.J.	
27	Santhi Mariam Varghese	
28	MekhaAchu John	
29	Joya T. Abraham	
30	Jithin T. Jose	

1.10 List of First Year Mentees Who received Stationary 2015-16

Sl. No.	Name	Signature
1	Arjun Narayanan Kutty	
2	Rinju C. Achankunju	
3	Adwaitha	
4	Athira Das	
5	Rehna S.	
6	Remi Mariam Reji	
7	Lutheya Elsa Alex	
8	Jithu S. Kumar	
9	Jebi Mariam Kurian	
10	Paul John Philip	
11	Sumitha Rani Thomas	
12	VijithaVijayan	
13	Aishwarya Mohan M.S.	
14	LibinSaji	
15	Feba Varghese	
16	Jittu George	
17	Shalu S.	
18	V. S. Keerthana	
19	AdithVarma R.	
20	Bikku Ann Chacko	
21	Rojan Joy	
22	Sam P. Raj	
23	Sreerev T.R.	
24	Tintu Titus	
25	Christy Mary Babu	
26	Jince Varghese	
27	JerinChacko	
28	Abraham Alexander	
29	Anusruthy P.S.	
30	Sachin Nair	